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| Course Control Number: CCC000411126 | | |
|-------------------------------------|----------------------|-------------------|
| Course Outline Approval Dates | | |
| Modality | Curriculum Committee | Board of Trustees |
| Face-to-face | 5/23/19 | 6/11/19 |
| Correspondence Ed. | 5/23/19 | 6/11/19 |
| Distance Ed. | 5/23/19 | 6/11/19 |

COURSE OUTLINE OF RECORD

Course Information

| | | | |
|---|--|--|--|
| Course Initiator: Dr. Bruce Wallace | | | |
| CB01 - Subject and Course #: CHD 106 | | | |
| CB02 - Course Title: Health, Safety and Nutrition | | | |
| New Course: <input type="checkbox"/> | | Non-Substantial: <input checked="" type="checkbox"/> | |
| | | Substantial: <input type="checkbox"/> | |
| Articulation Request: <input type="checkbox"/> UC | | <input checked="" type="checkbox"/> CSU | |
| | | <input type="checkbox"/> CSU-GE | |
| | | <input type="checkbox"/> IGETC | |
| Lecture Hours: 54 | | Laboratory Hours: | |
| | | Clinical/Field Hours: | |
| CB06/CB07: Course Units: 3.0 | | | |
| Prerequisites: | | | |
| Co-requisites: | | | |
| Advisories: | | | |
| | | | |
| CB03 - TOP Code: | | 1305.00 - Child Development/Early Care and Education | |
| CB04 - Credit Status: | | D - Credit - Degree Applicable | |
| CB05 - Transfer Status: | | B - Transferable to CSU only | |
| CB08 - Basic Skills Status: | | N - Course is not a basic skills course | |
| CB09 - SAM Priority Code: | | C - Clearly Occupational | |
| CB10 - Cooperative Work: | | N - Is not part of Cooperative Work Experience Education Program | |
| CB11 - Course Classification: | | Y - Credit Course | |
| CB13 - Approved Special: | | N - Course is not a special class | |
| CB21 - Prior Transfer Level: | | Y - Not Applicable | |
| CB22 - Noncredit Category: | | Y - Credit Course | |
| CB23 - Funding Agency: | | Y - Not Applicable | |
| CB24- Program Status: | | 1 - Program Applicable | |
| Transfer Request: | | B= CSU only | |

Please select the appropriate box(s) of the modalities in which this course will be offered, and fill out the appropriate sections for that mode.

- Face-to-Face – Section B
- Correspondence Education – Section C
- Distance Education – Section D

JUSTIFICATION OF NEED:

This course is required for the A.S. Degree in Child Development

This course is a State of California Commission On Teacher Credentialing licensing requirement.

This course is transferable to CSU.

CATALOG DESCRIPTION:

Introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health safety and nutrition. The key components that ensure physical health, mental health and safety for both children and staff will be identified along with the importance of collaboration with families and health professionals. Focus on integrating the concepts into everyday planning and program development for all children. (formerly CHD230)

COURSE OBJECTIVES:

- A. Demonstrate effective strategies for evaluating health and safety policies and procedures.
- B. Compare and contrast various methods of collaboration with teachers and families to promote. Health and safety in settings for children ages 0-5.
- C. Identify environmental health and safety risks for children ages 0-5.
- D. Identify symptoms of common communicable diseases and other health conditions that effect children young children.
- E. Identify and discuss common health and safety issues in early childhood settings.
- F. Identify characteristics of abuse and neglect and demonstrate knowledge of mandated child abuse reporting procedures.
- F. Differentiate the nutritional needs of various ages of children and plan economical and nutritional meals and snacks based on the individual needs of children.
- G. Write appropriate early childhood curriculum on the topics of health, safety, and nutrition appropriate for families and all children.
- H. Recognize a caregiver's role and responsibility to model good health, safety and nutrition habits
- I. Research current health issues related to children and families.
- J. Review laws and regulations (e.g., Title 22, Title 5, Fire Code) supporting health, safety, and nutrition in children's programs.

STUDENT LEARNING OUTCOMES:

1. Analyze the nutritional needs of children at various ages and evaluate the relationship between healthy development and nutrition.
2. Compare and contrast various health assessment tools and policies.

A. COURSE OUTLINE AND SCOPE

1. Outline of topics or content:

- Under all conditions utilize developmentally appropriate practices (DCLAP)
- Promote good health with families, teachers and children involved in culturally linguistically and developmentally appropriate ways
- Conditions affecting children's health
- Health appraisals and health assessment tools
- Communicable and acute illnesses: Identification, the infectious process, and effective control
- Creating safe environments
- Safety management for all children
- Injury prevention and care
- Considerations for children with special needs, medical needs and interventions
- Policies and prevention strategies related to child abuse and neglect
- Common health issues (i.e. obesity, asthma, autism, allergies)
- Planning for children's health, safety, and nutrition education
- Nutrition guidelines
- Physical fitness
- Diet analysis
- Meal time policies
- Special considerations for infants and toddlers

- Food safety
- Menu planning considering culture, tradition and family choices
- Responsibilities of teacher as role model of best health, safety and nutrition practices
- Collaboration with health care professionals

2. If a course contains laboratory or clinical/field hours, list examples of activities or topics:

3. Examples of reading assignments:

1. Assigned textbook
2. Articles related to the health, safety, and nutrition of children published in professional journals such as the following:
 - a. Young Children
 - b. Child Development.
3. Internet sites such as the following:
 - a. www.ffcd.org
 - b. www.naccp.org.

4. Examples of writing assignments:

1. Nutrition education lesson plan for preschool children
2. Activity plans that promote good health, safety, and nutrition habits among preschool children
3. Reviews of articles related to child health, safety, and nutrition found in professional journals and/or current periodicals.

5. Appropriate assignments to be completed outside of class:

1. Reading and writing assignments related to the principles of childhood health safety and nutrition and their application in the preschool environment
2. Library and/or Internet research related to the development of health, safety, and nutrition lesson plans
3. Field trips to educational programs.
4. Observations of individuals and groups as assigned

6. Appropriate assignments that demonstrate critical thinking:

1. Assess the health and nutrition of a variety of children as presented through case studies
2. Apply the principles of balanced nutrition, the four basic food groups, and the U. S. RDA of vitamins and minerals to plan daily meals and snacks for preschool children
3. Evaluate the current state of child development theories, philosophies, and research studies as they relate to child health, safety, and nutrition.

7. Other assignments (if applicable):

The student will attend one class period at the Palo Verde College Don Kuykendall Child Development Center or other approved center in the community to observe and document one of the course objectives as assigned by the instructor.

Check if Section B is not applicable

B. FACE-TO-FACE COURSE SECTIONS:

Face-to-face education

Is a mode of delivery in which instruction is delivered in a traditional classroom setting, with instructor and students located simultaneously in the same classroom facility.

1. Describe the methods of instruction:

1. Lecture and visual aids
2. Discussion and problem-solving activities in class
3. Films and other audio-visual materials
4. Collaborative projects
5. Homework and extended projects
6. Field trips and projects at various school and educational programs
7. Guest speakers

2. Describe the methods of evaluating of student performance.

1. Performance on in-class written assignments that test the student's ability to analyze as well as to synthesize child development theory and data related to safety, health, and nutrition
2. Performance on out-of-class writing assignments that test the student's ability to assess and evaluate the principles of infant and child health, safety, and nutrition as well as their application in child care settings
3. Performance on field research projects to child care facilities
4. Class participation.

3. Describe how the confidentiality of the student's work and grades will be maintained.

Instructors shall make reasonable efforts to protect the confidentiality of students' grades and graded work consistent with practices described in the Family Education Rights and Privacy Act (FERPA).

4. If the course has a lab component, describe how lab work is to be conducted and how student work is to be evaluated.

NOTE: Students will be encouraged by instructors of this course to direct themselves to the College's Disabled Students' Programs and Services (DSP&S) department if they believe they have a learning disability.

Check if Section C is not applicable

C. CORRESPONDENCE EDUCATION COURSE SECTIONS (Correspondence, hybrid correspondence)

Correspondence education

is a mode of delivery in which instructional materials are delivered by mail, courier or electronic transmission to students who are separated from the instructor by distance. Contact between instructor and students is asynchronous.

Hybrid correspondence education

is the combination of correspondence and face-to-face interaction between instructor and student.

1. Describe the methods of instruction.

Instructional materials, including readings, assignments, background materials, tests and quizzes may be delivered in traditional written form or posted to Palo Verde College's Bridge website for review by students. Instructors may also conduct discussion sessions with students in writing or via the Internet.

2. Describe the methods of evaluating student performance.

1. Performance on written assignments that test the student's ability to analyze as well as to synthesize child development theory and data
2. Performance on writing assignments that test the ability of the student to assess and evaluate child development principles
3. Performance on the preparation and organization of ideas, theories and contexts of development that may include

- a. Objective and essay examinations
 - b. Critiques of specific reading assignments
 - c. Oral analysis of textbook and supplemental reading assignments
4. Performance on field research projects
 5. Performance on group projects
 6. Class participation in written form

3. Describe how regular, effective contact between the instructor and a student is maintained.

Regular, effective contact includes, but is not limited to, exams; quizzes; essays; research papers; graded homework assignments; syllabus receipt; office hours; instant messaging; and synchronous online discussions, e-mails, letters, notes, phone calls, or postings on the Bridge between instructor and student.

4. Describe procedures that help verify the individual submitting class work is the same individual enrolled in the course section.

Consistent with policy elements listed in the ACCJC's "Policy on Distance Education and on Correspondence Education," the College verifies the identity of a student who participates in class or coursework by using, at the College's discretion, such methods as a secure log-in and password, proctored examinations, or other technologies or practices that are developed and effective in verifying each student's identification.

5. Describe procedures that evaluate the readiness of a student to succeed in a correspondence or hybrid correspondence course section.

The procedure might consist of a short assessment questionnaire prepared by the instructor and self-administered by the student. The questionnaire would evaluate areas such as working independently, adhering to timelines, and familiarity with working online and with computer technology. The student would use the resulting score to evaluate his or her readiness to take the course in a correspondence or hybrid correspondence instructional mode.

6. Describe how the confidentiality of the student's work and grades will be maintained.

Reasonable efforts will be made to protect the confidentiality of students' grades and graded work consistent with practices described in the Family Education Rights and Privacy Act (FERPA).

7. If the course has a lab component, describe how lab work is to be conducted and how student work is to be evaluated.

8. If the course requires specialized equipment, including computer and computer software or other equipment, identify the equipment, and describe how it is to be accessed by students.

The students may use a computer with internet and e-mail and be able to access the college "bridge" to access assignments and tests or manually write assignments and tests on paper and return them to the instructor through the mail.

Note: Students will be encouraged by instructors of this course to direct themselves to the College's Disabled Students' Programs and Services (DSP&S) department if they believe they have a learning disability.

Check if Section D is not applicable

D. DISTANCE EDUCATION COURSE SECTIONS (online, ITV, hybrid)

Online education

is a mode of delivery in which all instruction occurs online via the Internet. Student and instructor access to email and the Internet is required. Students are required to complete class work using email, chat rooms, discussion boards and other instructional online venues.

Interactive television (ITV)

is a mode of synchronous delivery in which instruction occurs via interactive television (closed circuit).

Hybrid instruction

is a combination of face-to-face instruction and online instruction.

1. Describe the methods of instruction.

Online education: Instructional materials, including readings, assignments, background materials, tests and quizzes are posted to Palo Verde College's Bridge website for review by students. Instructors may also conduct discussion sessions with students via the Internet.

Hybrid: Combines online instruction with face-to-face instruction and may consist of a combination of Internet-based instruction and face-

to-face instruction in a traditional classroom. Methods of instruction may include, but are not limited to lecture and visual aids, discussion and problem-solving activities, films and other audio-visual materials, collaborative projects, homework and extended projects, field trips and projects at various school and educational programs and guest speakers.

2. Describe the methods of evaluating of student performance.

1. Performance on written assignments that test the student's ability to analyze as well as to synthesize child development theory and data
2. Performance on writing assignments that test the ability of the student to assess and evaluate child development principles
3. Performance on the preparation and organization of ideas, theories and contexts of development that may include
 - a. Objective and essay examinations
 - b. Critiques of specific reading assignments
 - c. Oral analysis of textbook and supplemental reading assignments
4. Performance on field research projects
5. Performance on group projects
6. Class participation

3. Describe how regular, effective contact between the instructor and a student is maintained.

Regular, effective contact includes, but is not limited to, exams; quizzes; essays; research papers; graded homework assignments; syllabus receipt; office hours; instant messaging; online discussions; e-mails; letters; notes; phone calls; or postings on the Bridge between instructor and student.

4. Describe procedures that help verify the individual submitting class work is the same individual enrolled in the course section.

Consistent with policy elements listed in the ACCJC's "Policy on Distance Education and on Correspondence Education," the College verifies the identity of a student who participates in class or coursework by using and the College's discretion, such methods as a secure log-in and password, proctored examinations, or other technologies or practices that are developed and effective in verifying each student's identification.

5. Describe procedures that evaluate the readiness of a student to succeed in an online, ITV or hybrid course section.

At the discretion of the instructor, the procedure might consist of a short assessment questionnaire prepared by the instructor and self-administered by the student. The questionnaire would evaluate areas such as working independently, adhering to timelines, and familiarity with working online and with computer technology. The student would use the resulting score to evaluate his or her

readiness to take the course in an online, ITV or hybrid instructional mode.

6. Describe how the confidentiality of the student’s work and grades will be maintained.

Instructors shall make reasonable efforts to protect the confidentiality of students’ grades and graded work consistent with practices described in the Family Education Rights and Privacy Act (FERPA).

7. If the course has a lab component, describe how lab work is to be conducted and how student work is to be evaluated.

8. If the course requires specialized equipment, including computer and computer software or other equipment, identify the equipment, and describe how it is to be accessed by students.

The students are required to use a computer with internet and e-mail and be able to access the college “bridge” to access assignments and tests. They will need to use word processing and may need access to an ITV station.

Note: Students will be encouraged by instructors of this course to direct themselves to the College’s Disabled Students’ Programs and Services (DSP&S) department if they believe they have a learning disability.

E. REPRESENTATIVE TEXTBOOKS AND OTHER READING AND STUDY MATERIALS:

List author, title, and current publication date of all representative materials.

Sorte, Joanne et al; Nutrition, Health, and Safety for Young Children Promoting Wellness, 3rd Edition, 2017, Pearson

SIGNATURES

COURSE INITIATOR: _____

DATE: _____

DIVISION CHAIR: _____

DATE: _____

LIBRARY: _____

DATE: _____

CHAIR OF CURRICULUM COMMITTEE: _____

DATE: _____

SUPERINTENDENT/PRESIDENT: _____

DATE: _____